



ILWU-PMA BENEFIT PLANS



RESERVE YOUR SEAT TODAY FOR A ONE DAY WORKSHOP ON
HOW TO READ YOUR EOB's

TUESDAY
NOVEMBER 8, 2022
5:00 P.M.

WEDNESDAY
NOVEMBER 9, 2022
12:00 P.M.

LOCATION:



**3447 ATLANTIC AVENUE
LONG BEACH**



- ❖ **EXPLANATION OF BENEFITS -**
 - How to Read Your EOB's

- ❖ **WHAT TO DO IF YOUR CLAIM HAS BEEN DENIED -**
 - The Process of Arbitration

**ILWU-PMA COASTWISE
INDEMNITY
PLAN**

WHAT IS AN EXPLANATION OF BENEFITS (EOB)



How much your provider charged for each service



How much Coastwise Indemnity paid for each service



How much you saved by staying in-network



How much you may be responsible for paying out-of pocket

DUE TO LIMITED SEATING - RESERVATIONS ARE REQUIRED

For reservations, please email Lholton@benefitplans.org and provide the following information:

- Your Name (& Guest)
- Registration Number
- Phone Number

OR CALL (310) 833-5144

*****You will receive confirmation of your reservation*****

**PRESENTATION GIVEN BY: SAM ALVARADO, M.S.W.
SOUTHERN CALIFORNIA AREA WELFARE DIRECTOR**